



Term A

Date

No. |

Unit 1 Reading A ~ B

arouse the interest 吸引(读者)兴趣

narration 记叙文

exposition 说明文

argumentation 议论文

fascinating adj. 引人入胜的

novel adj. 新的

regretful adj. 后悔的

worried adj. 担心的

on behalf of 代表



朱凯诚 高(7) 34

DNA: AzurSmelt CN: 阿阿 阿阿

句子成分

主干 < 主语 谓语
宾语 表语

修饰 < 定语 状语 补语
同位语 插入语

长难句 < 特点
步骤

句型: ① 主语+谓语 S+V ② 主语+系动词+表语 S+V+P

③ 主语+谓语+宾语 S+V+O ④ 主语+谓语+双宾语 S+V+O+O

⑤ 主语+谓语+宾语+宾语补足语 S+V+O+C

Subject

代词

动名词

不定式

名词

主语从句 e.g. It is said that...

Predicate Verb

实义动词

系动词

情态动词+V原

助动词+V原 e.g. have/has done, be doing/be done, 时态/语态

Object

代词/名词

不定式

动名词

宾语从句

间宾/直宾 e.g. Father gave us some apples. 间宾 直宾

Object Complement → e.g. She asked baby to stop crying. S V O C



English Notebook (2025.9-2026.5)

Bunny Stickers | Illustrations | Handwriting



定语: 形容词, 介词词组, 非谓语, 定语从句

同位语: 名词(词组), 同位语从句

状语: 副词, 介词词组, 状语从句

及 插入语

make some comments 评价

open-minded 开放的

encouraging / inspiring 鼓励的



consist of = be made up of = be composed of 动词+状语 vs 动词+介词:

cross adj. 生气的 n. 十字

sit at his desk * seat be seated at the

due to + 动词名词成分

stare at / take care of / ...

programme n. ① 节目 ② 计划, 方案 ③ 课程

be 动词成分:

poet n. 诗 → poetic adj. / poetry n. (诗歌) / poet n. 诗人

be + aqj. / n. 系动词

suggest sb doing / suggest (that) sb (should) do

be doing 现在分词

get sb on the right track 帮... 重回正轨 宾语从句/定语从句

keep / ~~lose~~ track of 保持/失去对... 的追踪 Make sure you use proper spelling and grammar a distant planet that didn't have summer.

while: ① 时间 ② 转折 ③ 尽管

claim v. ① 声称. It is claimed that... 声称 ② 认领 ③ 夺取

regret doing 后悔做... regret - regretted - regretted

by the time 过去+过去 将来+将来 By the time we attend the meeting, we will have learned.

except v. 除了 → exception n. 例外 → exceptional = outstanding = extraordinary



aspect n. 方面 accept ≠ receive

domestic and overseas 国内与国外

inspire v. 鼓励, 激励, 启发

人称主格: 在句中做主语

名词性物主代词 = 形容词性物主代词 + 指示代名词

人称宾格: 动作对象(宾语)

反身代词: 宾语, 表语, 同位语

it: ① 身份不明, 婴儿 ② 天气, 时间, 距离... ③ 前面提到过的事物 ④ 抽象概念: 想法, 情况, 事件... ⑤ 作形式主语或形式宾语

常用句型: ① It + be + adj./n. + for + to do e.g. It is easy for you to deal with the problem.
of 人的品质 e.g. It is kind of you to help others.

② It is + no good/use + doing sth 做... 是没有用的

③ It + be + noun phrases (a pity, a fact, no wonder...) / adj. + that + clauses.

④ It is + said/believed/supposed/thought/reported + that + clauses 据认为/报道

⑤ It takes sb some time/money to do sth

⑥ It is/was + <sth important> + that/who e.g. It was that book that inspired me a lot when I was a child.

形式宾语: ① 主语 + believe/consider/find/feel/etc. it + adj./n. + to do/n./clauses

② like/dislike/hate/appreciate/depend on/rely on/count on + it + clauses

③ get it 明白了; make it 成功了; forget it 忘了 (口语较为)

Differences between "it" "one" "that"

it: the same object;

one: the same kind of objects. often used to describe the objects mentioned;

that: the same kind of objects, often used to describe a long phrase to describe the thing, used for both countable and uncountable objects.

(e.g. The weather in Beijing is much colder than that in Shanghai.)

Differences between "other" "the other" "others" "another"

Other: one the other

Another: one another

The others: some the others

The other: one The other



= big deal.

He thinks he is somebody, but actually he is nobody.

settle down 安身, 安置

settle the problem 解决问题

settle into 代入, 置身于

come to do 渐渐...

used to do 常常做

be used to do 被用来做...

be used to doing 习惯做

charge v. ① 收费 ② 负责 ③ 充电 ④ 指控 n. 收费

chance n. 可能性

~~has taken place~~ feature v. 以...为特色 / 占重要地位

seek for = look for

salutation 招呼

purpose 目的

optimistic = positive adj. 积极的 \leftrightarrow negative, pessimistic

strong-willed 意志坚强的

reassured 安心的

He is such a nice teacher as everyone loves. \rightarrow 定语从句

He is such a nice teacher that everyone loves him. \rightarrow 状语从句

Spoiled adj. (被)溺爱的

take measures = take action 采取措施

~~promote~~ promote ① 促进 ② 促销 ③ 晋升

determine 决定 \rightarrow determination

reform and opening up.

critic n. 评论家 \rightarrow criticism n. 批判

frequent v. adj. 经常性的 frequency n. 频率



deserted = abandoned 遗弃的

recall 回忆 > recollect

increase \longleftrightarrow decrease

be absorbed in 全神贯注做...

evolve v. 进化

ban n/v. 禁止, 禁令

evaluate v. 评估



Exam@Sep 25th 2025

pick up 接人, 学会

stretching exercise 拉伸运动 sore 酸痛 cut back to 削减

reference → refer to 提及 refer to as 称为 reference 提到, 查阅

principal n. (in school) 校长 adj. (=main) 主要的

principle n. 原则, 定律

dated 过时的 = out of date ↔ up to date

stay out of it 置身事外 = not be involved in

involve 包含, 牵涉 get involved in 参加 involve sb in 令...参加

postpone = put off 推迟, 拖延

tutor 助教

mean(s) n. 方式, 方法 [单复同形]

All means have been tried to prevent...
Every means has been tried. 可数

canal 运河

access → sth is accessible / sb have an access to sth.

frustrated 对...感到沮丧的

license 执照

trace 追踪 origin 起源

Industrial Revolution 工业革命

separate adj. 单独的 v. 分开

taste 体验, 品味, 兴趣

storage 储存

coin v. 创造 coin a term 创造一个术语

alien adj. (=strange and frightening) a handful of 许多

discouraged 灰心的, 泄气的 be ignorant [of]

↑ OrangeThunder, 🐱

given 考虑到 except → exception → exceptional = outstanding/extraordinary → exception = especially

approach 接近 (to) approach this problem 接近问题

favor v. 比较喜欢, 有利于 n. 帮助 in favor of 有利于

oppose v. 反对



elf-esteem 自尊 impose sth on sb/sth 强加于 sb/sth context 上下文 <-> contest 竞赛

impose her value 价值观

curriculum 课程 extracurricular 课外的

demanding 要求苛刻的 engage in 参加 struggle to 挣扎 pace 节奏

despite prep 尽管才 Although, though, etc.

strike 1. = hit 2. an earthquake struck (=happened)

3. it occurred to/strike to me that 某人突然想起

4. 罢工

indifferent 漠不关心的 neutral 中立的 disturb 打扰

gift 天赋 motivate 激励 -> motivation

admit 承认. 允许 be admitted to 被录取

critical 重要的 furious 激烈的. 狂怒的

distract 分散注意力

philosopher 哲学家

shape 塑造

keep in shape = keep in fit

governance n. 统治

conduct n. 行为 v. 实施. 指挥

conduct a survey / an experiment

conduct oneself

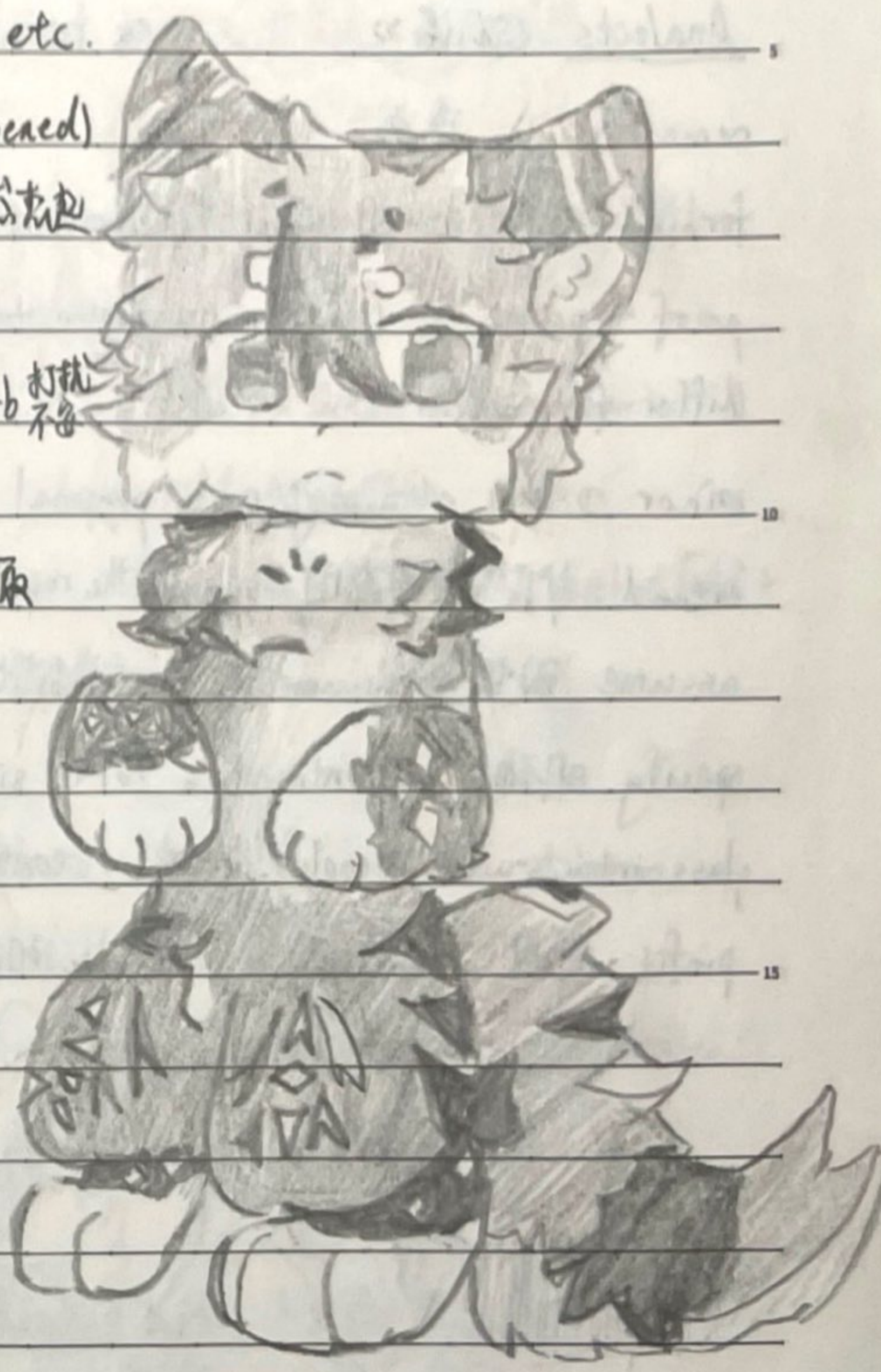
cultivation 培养 -> cultivate v. = develop / foster

maintain v. 维持. 维护. 保养. 坚持 (意见) She maintained her innocence.

L>n. maintenance in time order 以时间顺序.

middle class 中产阶级 upper class 更高阶级

emphasis 强调 -> put emphasis on



↑ AzurSmelt ver 1.0



celebrate v. 赞美, 称赞. figure n. 数字, 人物, 轮廓, 身形, 影子

figure out 弄明白 pursue -> pursuit. concentration 集中(注意力), 浓度(c%)

concentrate on 使(集中), 浓缩 influence, impact, affect 影响

e.g. Scientists are studying the profound effect/impact of climate change on global

position n. 地位, 位置. in a position of power your position on

5 Analects 《论语》 remain = keep 保持, 留下.

remains n. 遗迹

forbid/ban 禁止 fruitful = productive 有成效的

proof -> prove Our reports prove to be true (不用被动语态)

differ from/in

10 minor 次要的 <-> major proposal 提议, 求婚

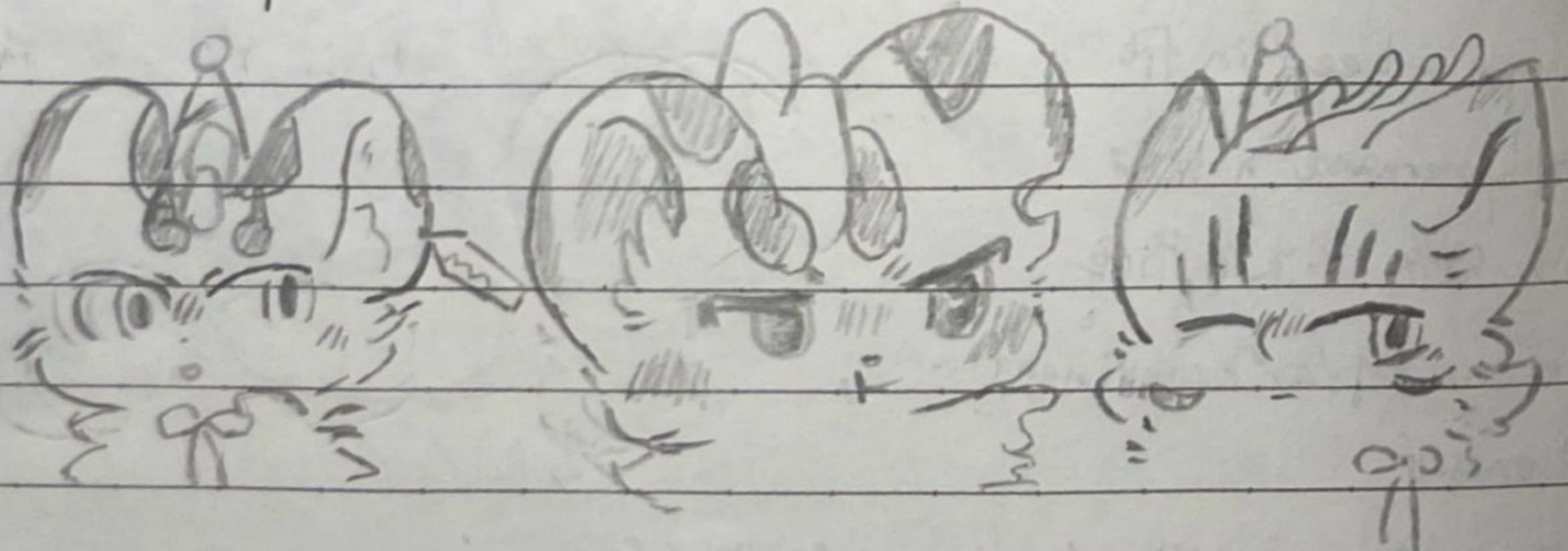
extend 扩展, 延伸范围 extend the road, deadline

assume 假定 assume the responsibility 承担责任. assume an air of concern

specify 明确 contract n. 合同 sign a contract 签合同.

glass contracts when it cools 收缩. contract a disease 感染.

15 profit 利润 -> profitable resemble 相似



Unit 2 Reading A~B

be illustrated with 给...加插图

illustrate v. 描述, 说明, 证明

↳ n. illustration 插图

illustrator 插图家

present v. 上映, 表达, 赠送

be presented in one's mind 历历在目

adj. 现在的 n. 现在

At present, all the guests present are waiting for the director to present his new film and present his ideas, which is a present to everyone.

interest n. 利息, 利率

represent v. 代表, 等同于, 象征 (= symbolize)

representative n./adj. 代表/代表性的

guarantee v. 担保

soil n. 国土, 土地

on earth 究竟 on the earth 在地球上

unearthed relics 出土文物

down-to-earth 脚踏实地

help sb with one's luggage 帮行李

in response to

circumstance 情况

第一次 + 现在完成时 This is the first time that sb have done

camouflage n. 迷彩服

because conj.

because of / due to prep phrase

[Grammar]

① 是否为谓语

② 找关键词: 1. 句中其他谓语动词时态 2. 时间/状态语 3. 关注句意(及物/不及物?)

△ 单词拼写 + 主谓一致

标志: 1. 时间状语 2. 语境 3. 语言 4. 固定句型

时态	一般	进行	完成	完成进行
现在	do/does am/is/are	is/are doing	have/has done	have/has been doing
过去	did was/were	was/were doing	had done	had been doing
将来	will do	will be doing	will have done	will have been doing
过去将来	would do	would be doing	would have done	would have been doing



一般现在时 标志词: always, usually, often, sometimes, every week/day/year/month
once/twice/... a week

△ 客观真理用一般现在时, 按规律发生, 表条件的从句也用一般现在时

现在进行时 now, at the / this moment / at present, look / listen, be doing

① 这一刻做的事 ② 这一阶段做的事 ③ 计划会发生 ④ 表达感情 ⑤ 逐渐

短暂性动词也是 go, come, begin, start, leave, arrive, return, take

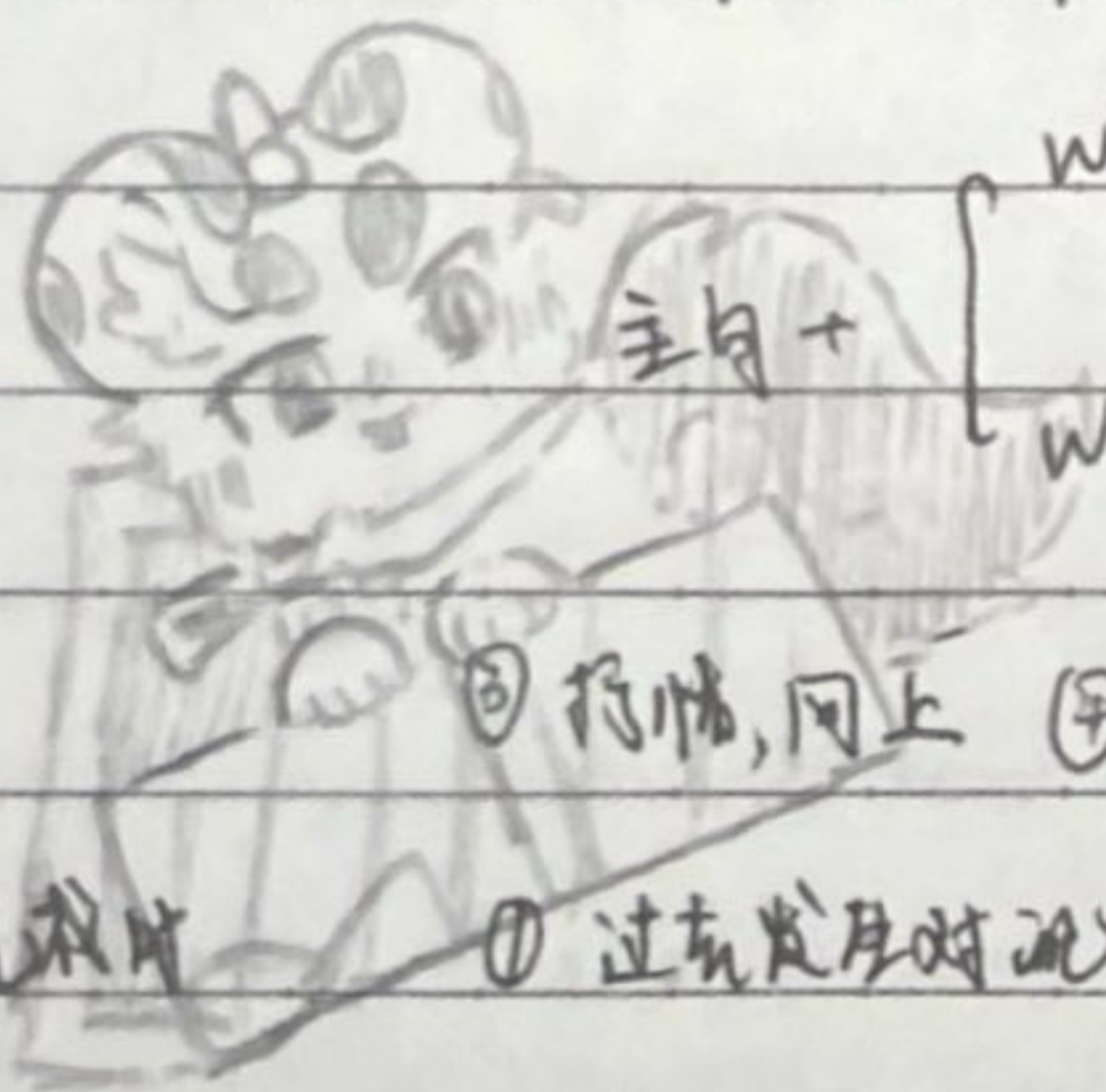
出乎意料... 的感情标志词: always, forever, constantly, continually, all the time

e.g. She is always handing in homework on time.

过去进行时 ① 表过去某一刻/阶段正在发生的事情

at that time, at that moment, at this time yesterday, at 10 o'clock yesterday

② 一个过去动作进行中, 另一个动作发生了:



when + 主句 + 谓语动词 + ... ⇒ 不持续/短暂

while + 主句 + 谓语动词 + ... ⇒ 持续

③ 感情, 网上 ④ 过去动作发生, 网上 ⑤ 表礼貌

现在完成时 ① 过去发生对现在产生影响

already, yet, before, recently, by the time, lately, ever, (never), so far, in the past ... years

② 过去动作持续到现在且将来可能持续, for, since (ever since, since then)

buy → have, die → be dead, borrow → keep, join → be in, finish → be over, fall asleep

③ It/This/That is/will be the first/second/... time that + 从句 (现在)

过去完成时 ① 表过去两过去 by / before / when 引导的短语/从句

② 打新还本

③ 特殊句型: Hardly / Scarcely had ... when ... / No sooner had ... than ...

e.g. Scarcely had the game started when it began to rain.

It was + 时间段 + since 从句 + 过去



(1) was/were going to do = 过去

(2) was/were about to do

(3) was/were doing



将来进行时 by then at this time / tomorrow at nine o'clock next Monday...

现在完成进行时 (1) 从过去某时开始持续到现在的动作, 可能还在继续进行, 对现在有影响

(2) 动作(同上)

△ 与现在进行时的区别 都有动词(lie, sit, rain...) 可用于现在进行 ~~也可~~ 用于现在完成。

但 love, like... 不可。

dominate v. 占据, 支配 majority -> major <-> minor reinforce - strengthen

automatic -> automaticity -> automatically liken v. 比较 gas n. (语流: 开车) 油门

acquire v. 习得 -> acquisition n. grant v. 给/允许/批准

take sth for granted 把... 视作理所当然的 view n. 观点, 景色, 视野

average 普通的 extent n. 程度 previous 之前的

touch n. 触觉, 特色 belonging n. 个人财产 = possession

contain v. 包含 克制 e.g. contain one's temper 控制/克制脾气

specific 具体的 general 概括的 community n. 游牧民队, 社会, 社区, 群体

主动语态, 被动语态

① 在主动句中, have, make, let, see, watch, notice, hear, feel... 这些动词句后 + to:

I saw a stranger enter the hall -> A stranger was seen to enter the hall.

② be going to -> be going to be done, be to do -> be to be done

③ 以 it 为形式主语句型: It is said that / reported that / believed that / thought that / well known that...

④ 无被动语态: enter, reach, become, appear, happen, occur, take place, break out, come about



时态	一般	进行	完成	完成进行
现在	is/am done	being done	have/has been done	have/has been being done
过去	was/were done	was/were being done	had been done	had been being done
将来	will be done	will be being done	will have been done	will have been being done
过去将来	would be done	would be being done	would have been done	would have been being done



③ 主动表被动: sell, wash, write, close, open, read, wear, weigh, measure, last

look, smell, taste, sound, feel, prove, turn out...
 print, cook, fry, bake, burn, hang, hide (ting)
 require/need/want/deserve + to be done

④ sth is worthy { to be done / of being done / of+n. } sth be worth { doing / +n. / It is worth doing sth. } It is worthwhile { to do sth. / doing }

⑤ be to blame (for) 责备 be to let 出租

distinguish v. 区分 → distinguished aq. 杰出的, 高贵的

pave the way for / lay a solid foundation for 铺平道路 colonist 殖民者

race n. 种族, 民族 count on = depend on 相信, 依靠

interfere 干扰 → interference telecom fraud 电信诈骗

disorder 障碍 proportionately

定语从句 The attributive clause

关系词: 一找, 二还, 三提问

一找: 从句的主句 二还: 从句的先行词 三提问: 用关系词替换成分

定语从句 { 关系代词引导的 which, that, who, whom, whose, as
 关系副词引导的 when, where, why
 介词+关系代词引导的 prep + which, prep + whom }



关系词	指代	在定语从句中充当成分		
	人 物	主语	宾语	定语
who	✓	✓	✓	
whom	✓		✓	
which	✓	✓	✓	
that	✓	✓	✓	
whose	✓	✓		✓

关系词 as ① 限制性定语从句。当先行词前有 as, so, such, the same 等词时，从句中缺主语或者宾语时，用关系词 as 引导限制性定语从句。

e.g. This is not such a book as I expected.

② 非限制性定语从句：指整个句子的内容。

e.g. as is said above. as everyone knows.

△ the way 作先行词，关系词在从句中作状语。关系词可用 in which / that / 介词 situation, case, point, business 作先行词，→ where ; occasion → when

which 与 that

e.g. What is that which flashed in the sky just now?

She heard a terrible noise, which brought her heart into her mouth.

The papers which Mr. Li was searching were hidden by students.

- ① 同 which 不同 that: , + conj ; 先行词为 that, prep. + 关系词
- ② 同 that 不同 which: i) 先行词既有人也有物; ii) 先行词可有为物或人; 最高级; iii) 先行词被 the only, the next... 修饰; iv) 先行词为 all, none, something... 不定代词; v) 主句以 who/which 开头特殊疑问句; vi) 先行词为定语。



△ 前后单复数一致。 She is the ^{one} of the few persons who ^{know} Spanish.

valueless 没有价值的 exploit 剥削 explode 爆炸 benefits 福利
 paycheck 工资 hint 暗示 bug 漏洞 accidentally 意外的
 release 释放 blind 失去判断力



Unit 3. Reading A-B

travelogue n. 游记

transitional sentence 过渡句

persuade ① 说服 ② 使相信 (= convince) → persuasive adj. persuasion n.

stress ① 压力 ② 强调 重视 on punctuality 守时

species 物种 permit 许可

maintain ① 维持 ② 维持 ③ 坚持认为

状语从句

1. 何为状语: 修饰 v. / adj. / adv. / sentence 的 一种句子成分

2. 分类

时间状语从句

引导词: when, while, as, before, until, as soon as, since →

I. when: a) 动作先后 b) 动作同时发生

c) 可用连续 / 瞬间动词.

e.g. He hadn't fallen asleep when the teacher called him.

II. while: a) 常用持续性 / 状态动词 b) 对比, 转折

III. as: a) 当...时 / 一边...一边...

IV. after a) 之后

V. before a) 之前

VI. until/till

肯定时, 用 till / until

否定时, 用 until. not...until + 从句 / It was not until

VII. since a) 主句: 现在, 从句: 过去

VIII. by a) by + 时间 (现在), 主句: 现在 b) by + 时间 (过去) 主句: 过去

c) by + 时间 (将来), 主句: 将来

IX. whenever a) 每当, = every time

△ 主将从现: as soon as, when, until



原因状语从句

for: 并列连词, 原因不能为句首, 表推测

in that: 表原因. 不可位于句首

now that: 达到一定条件后下一步干什么("既然")

△ because 与 so 不可做同一句中.

because conj. → 从句 clauses

because of prep phrase → 名词短语 noun phrases

↓ SYN.

because of, on account of, as a result of, thanks to, due to, owing to 因为



条件状语从句

if: 如果

→ 主将从现

主情从现 modal v + do

主祈从现 + do

unless: 除非 unless = if not

if: 如果 是否

条件状语从句 同 "whether"

遵从 "主 X 从现"



↑ AzurSmelt Profile Photo (2023.10-2025.10)

modest 些许, 谦逊 SYN. → humble 谦虚 卑微 modesty n.

rebel 反叛 occupy 占据, 占领 任职 sb be occupied with/in) doing / occupy oneself in/with

occupancy n. 职位 occupant n. 居住者 occupation n. 职业 occupational adj. 职业性的

morale 士气 inquire about 询问 inquiry/enquiry 询问 average people 普通人

wipe out = destroy 毁灭 kill off (+生物) 赶尽杀绝 undergoing 经历

general n. 将军 racial discrimination 种族歧视 discrimination n. 区别, 歧视

remind sb of sth. 提醒... intended 目标的 → be intended for/to do 为了

raw ① 生的 ② 未经加工的, 原始的 parallelism 排比 (写作手法)

needle 针 constant adj. 持续的 be stuck in trouble 陷入麻烦.

a sticky note 便利贴

stick out 坚持

stick to your opinion 坚持己见

stick up for 维护



Mid-term Exam @ Nov 11th

have no say 没有话语权 ^{oppo.} ← have a say

fortune n. 财富



consume v. 消费 → consumption n. → consumer n.

raise → raised → raised

rise → rose → risen

inquiry 调查 → set up a ~ 展开调查

determine = figure out

determining factor 决定性因素 be determined to do 下定决心做...

determination n. 决心

participate in = take part in, => participation n. / participant n.

an exchange of 交换 in exchange for 交换 exchange rate 汇率

exchange for 交换 exchange with 交流

exchange old things for new ones = replace A with B [用B换A] = substitute

B with A
A for B
C/A/B

CEO → Chief Executive Officer

be financed 获得资金

commit a crime 犯罪

form 形式 → former 之前的

split 分割 diversity 多样性

expose 暴露 → be exposed to

humble = modest 谦虚

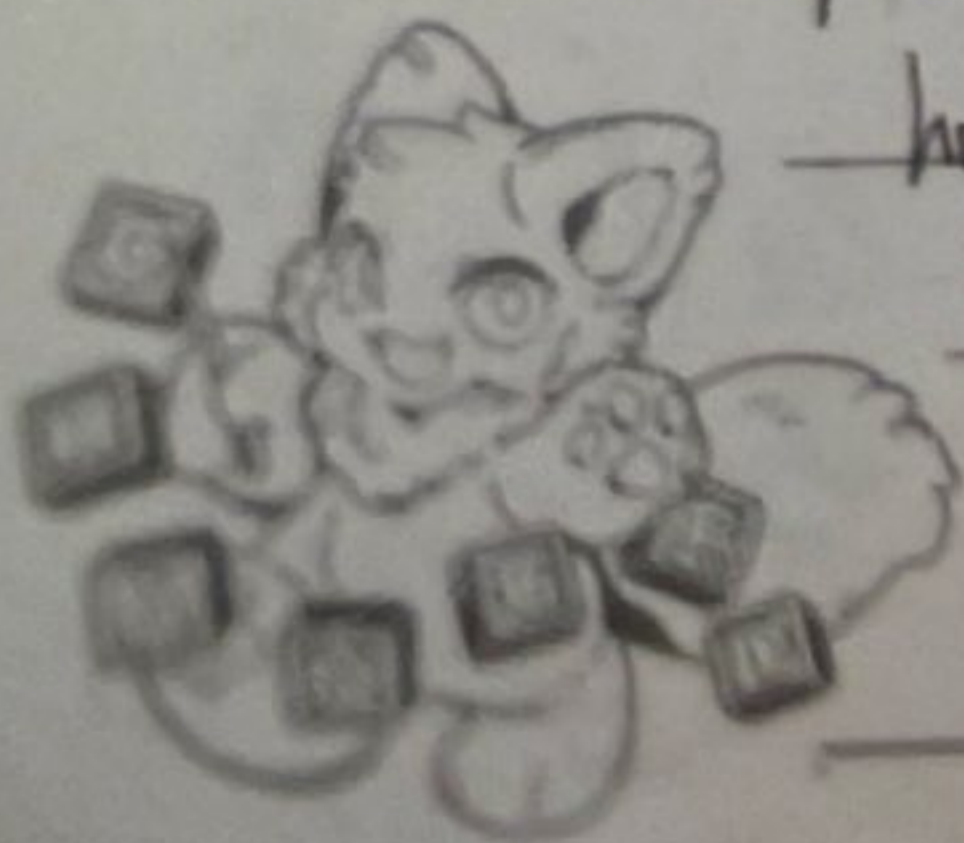
optimistic ↔ pessimistic

rely on = depend on 依赖...

have anxiety over 对...焦虑 | have anxiety for = be eager for 渴望 = longing (adj.)

have an edge of 优势 on the edge of 濒临 cutting-edge 前沿

oppose/object to 反对



Unit 1 Reading B

made a fearful mess of 一团糟

in a mess 陷入混乱

mess up 搞砸

no messing 不浪费时间/精力

mess around { = fool around 瞎闹
(don't mess around) = do sth quickly

messy 杂乱的

use up ① (= run out / be out of) ② 完全耗尽(精力, 资源...)

in the name of 以...的名义 by sb's name 在...名字

progress n/v. e.g. Thanks to our joint efforts, progress has been made in the recent project.
significant/remarkable

↓
in progress 正在进行的

progressive adj. 有进步的, 循序渐进的

strike = happen = occur

tragedy → tragedian → tragic

comedy → comedian → comic

in need of 需要

from generation to generation 一代一代(指传承)

for generations 世世代代都在(表状态)

generation gap 代沟

mutual adj. 相互的

methods of income generation 产生收入的方法

↳ generate v. 生成 e.g. generate tourists' interest in folk culture

come to power 掌权

come to realize 开始意识到



preserved vegetables 腌蔬菜
↓
fruits 蜜饯

preservative n. 防腐剂

preserve one's health 保养

preserve → preservation n. 保护

persevere

perseverance

> 坚持不懈

extinction 灭绝

the preserve of 专属

appreciate v. ①欣赏 ②感激 ③重视 ④(=realize) 意识到

miracle n. 奇迹

do miracles for = do wonders for

transform → transformation → transformative

trans- 改变

e.g

transport 运输 transit 传输 transfer 转移 transplant 移植

transition 过渡 ~~transition~~ transaction 交易

in a good mood 好心情

in no mood 没心情

in a mood 心情不好

moody adj. 喜怒无常

resign v. (=quit) 辞职

force to do 强制做... by force 强行 force n. 力、威力

blast = explosion sb is driving force 主力

legislation n. 法律

bring sth into force = sth come into force 执行



→ enforce 使...生效、执法

timid adj. 害羞的、胆怯的

让步状语从句

CAT I. although, though, while

conj.

CAT II. despite, regardless of, in spite of

prep.

although, though 从句中, 不可连用, 不可与 but 连用

while 从句首

* Child ~~as~~ he is, he knows a lot. (as 作让步需半倒装)

结果状语从句

so... as... / so... that / such... that...

(1) such + n. + that...

(2) so + adv. / conj. + that...

* so + adj. + a + n. + that = such + a + adj. + n. + that...

目的状语从句

so that / in order that (可替换)

in order that + clause

in order to + do

位置状语从句

where, wherever, anywhere, everywhere

like...

方式状语从句

as, as if, as though, the way

expense n. 花费

soar v. 快速上升

emerge v. 浮现

approach v. ① 接近 ② 解决 ③ 建议 n. 方法

acquisition ← acquire 习得

infrastructure 基础的(设施)

universal 普遍的

intrinsic 内在的 extrinsic factors 外在因素



grateful adj. 感激的 → gratitude

thankless task 吃力不讨好的

glare at 怒视

bet 打赌

produce v. 制作、制片

enormous 巨大 → an enormous amount of 巨额帮助

amount to much 很多

custom n. 习俗、习惯 date back 追溯到

e.g. The custom of giving presents at Christmas

Customs 海关 consume

custom ↔ customer ↔ ~~customer~~ ↔ consumer ↔ costume

e.g. She arranged everything with her customary (=habitual) efficiency

common knowledge/sense 常识

They share a common interest in photography. 兴趣相投

commonplace adj. 司空见惯的 (常见的)

on the grounds that 由于、因为

roundless worry 杞人忧天

cover a lot of ground 知识面广

break new ground 突破

seek common ground while shelving differences

unity n. 团结、统一

UNESCO ↔ United Nations Educational, Scientific, Cultural Organization

be united in the common struggle 在斗争中团结起来

complex → complexity

obedient 顺从的

ancestor 祖先



resemble 与...相似

*adolescence 青春期

take up ① 开始从事 ② 占据

abnormal → abnormality

rumor 传言

considerable 相当的

consider < considerate 考虑周到的



↑ Pawbert Lynxley

Draft, from Zootopia 2, © Disney

classify 分类

by pure chance 纯属偶然

leave sth behind ① 留下 ② 抛下

Burning the forest just once can leave behind enough black carbon to keep the soil fertile for thousands of years.

occasion ① 场合 ② 时候 ③ 机会 → occasional 偶尔的

self-respect / self-esteem 自尊

In this respect 方面 with respect to / in respect of 关于...

constitution 宪法

councillors 议员 have a duty to 对...有责任/义务

duty = tax = 税

on duty / off duty 执勤 / 退勤

to be good / excellent value = worth the money it costs 划算

under- / overestimate 低估 / 高估

sew up 缝合 (交易)

individual n. 个人, 有个性的人

perform v. ① 起作用 ② 做手术 ③ 业绩, 表现 ④ 演出

enthusiasm n. 热心 热情 = passion



performance-related pay 绩效工资

represent v. ①代表 ②履行 ③属于 ④代表 ⑤补上

→ representative n. 代表

Parliament 议会

→ representation n. 代表, 支持

confidential adj. 保密的

mark v. ①标记 ②纪念 ③表明 ④批改

n. ①痕迹 ②记号 ③印记 ④分数 ⑤留下的物

on the mark 丝毫不差

→ marker n. 标记, 标志

physical adj. ①物理的, 实体的 ②身体的

→ physicist n. 物理学家

→ physician n. 内科医生 ↔ surgeon 外科医生 ⇒ plastic surgery 整形外科

intellectual adj. 智力的

intellectual property 知识产权 → IP

intellectual curiosity 求知欲

draw v. ①吸引 ②拉 ③开始 ④吸引(观众) ⑤引发 ⑥吸取(教训) ⑦相差 ⑧平均 ⑨教授

n. 平均

variable n. (adj.) 变量, 变化的

specific adj. 特定的, 具体的 → be specific to 特有的 (指地区习俗)

religion n. 宗教

father-in-law 岳父 (另一半的父亲)

transitional adj. 过渡的

shallow 浅薄的, 肤浅的, (水)浅的

tense adj. 让人紧张的, 紧绷的



drain v. 消耗, 耗尽, 排空 → feel drained of energy = feel exhausted

n. 下泄, 流失 → brain drain 人才流失

~~cut~~ cut sb down 贬低...

chip away at 削弱, 打击

acknowledge v. 承认(真实性) → it is generally acknowledged that

承认(地位/权威)

表示感谢 acknowledgement

priority n. 优先

→ prior adj. 优先的

→ prioritize v. 把...放在首位

obligation n. 义务

loyal adj. 忠诚的

attach importance to = put emphasis on 重视

A is to B what C is to D A对B的关系就像C对D的关系一样(重要)

refer to ①提及 ②指称 ③查询 ④称为 ⑤介绍

make reference to 提到 work of reference = reference books 参考书

without reference to 没有提及 reference letter 推荐信

graduate in Chinese 中文系

a graduate student/course 研究生/课程

postgraduate n. 研究生 ↔ undergraduate n. 本科生

Students should avoid any inmodest behavior on or off campus.

flame n. → aflame v.

reminisce about 回忆 → reminiscent

nostalgia 怀旧之情

current adj. 目前, 活期的 n. ①水流 ②电流 ③思潮

currency n. 货币, 认可



certification 资格证

certificate 证书

show up 出席 显露 显现

show sb up 使...难堪

campaign 竞选

landlord 房东

fierce competition 激烈的竞争

elective adj. 选举的, 可选的 (= optional), n. 选修课

selected store 指定的商店

bibliography 书目

involve 涉及, 牵涉, 参与

involve in 参与...的一部分

be involved with, 全神贯注

be involved with, 投入...

stage v. 上演, 举行 n. 阶段

~~strike~~ strike n. 罢工 shrinkage n. 裁员 ← shrink v.

comeback 复出

stage by stage = step by step

on parade 阅兵 parade v. 游行, (= show off) 炫耀, 作秀

demonstrator ← demonstrator 游行示威者

march of technical progress 随着技术的不断进步

classic 典型的 (= typical)

Cheer up ①使...亮丽 ②安慰

misinterpreted n. 误解

a casual meeting / encounter 不期而遇



I don't wanna be different.

- Pawbert,

from Zootopia 2



II Unit 1 Reading, A-B.

exaggerate v. 夸张

keenly adv. 强烈地

affair n. 事务, 事件

withdraw v. 撤回

put sth into effect 落实, 使生效

keep spirits up

wedding march 婚礼进行曲

present v. 献出, 颁发, 介绍, 呈现 adj. 在场的; 现在的 n. 现在; 礼物 LATIN ENGLISH

band n. 乐队, 纽带, 一伙, 等级 v. 包围

open-air adj. 露天的



2. Canadensis

Canadian Lynx

加拿大猞猁

非谓语动词 vs 谓语动词: doing, done, to do (基本形式)

differentiate v. 区分 = distinguish

manufacture v. 生产

profitable adj. 有回报的, 营利的

inferior adj. 质量差的 $\leftarrow^{opp} \rightarrow$ superior adj. 质量好的

get credit for doing = praise

credit 贷款, 信用, 信誉

release v. 释放, 发泄, 发表, 发布

busy oneself doing sth 忙于做

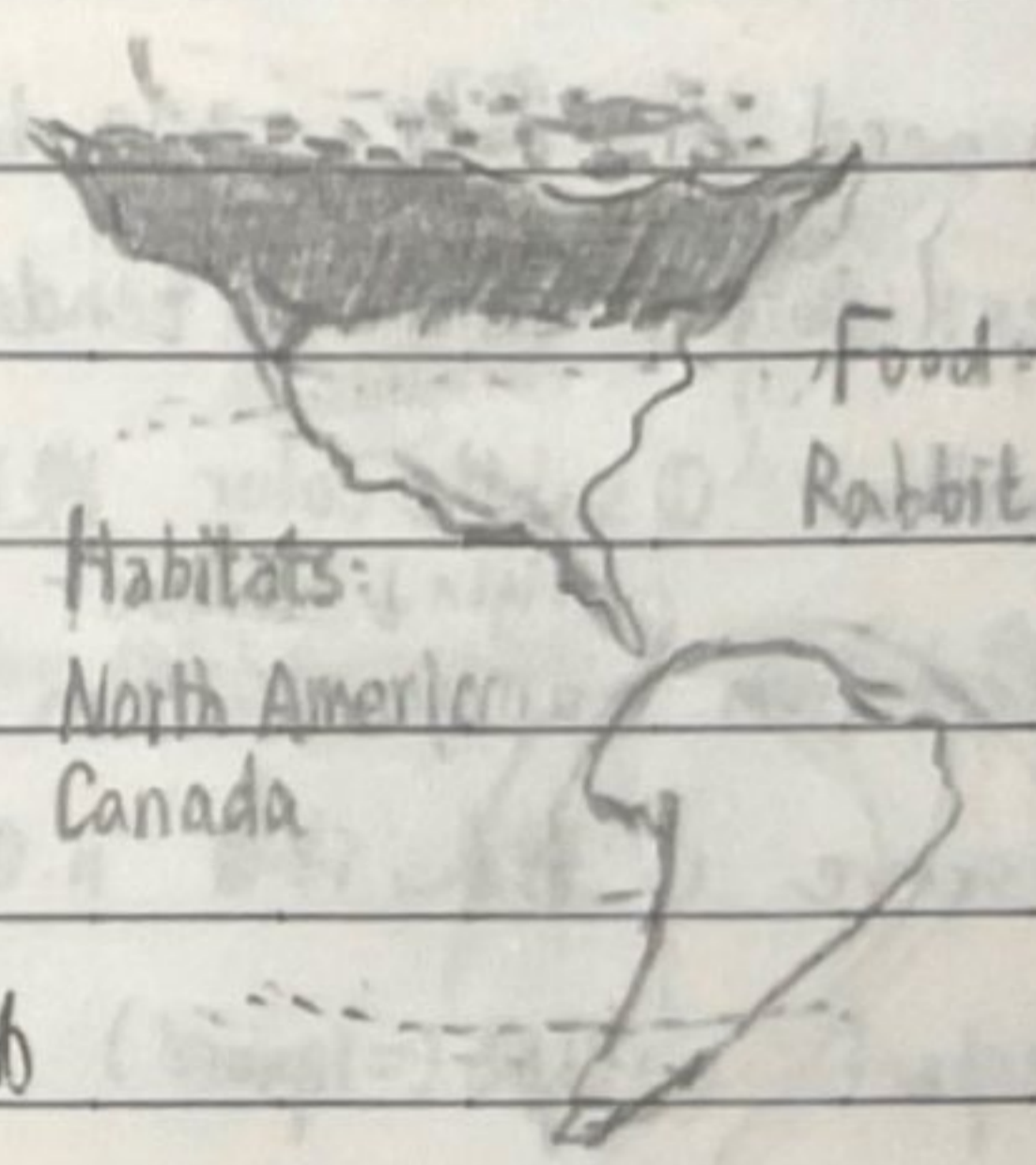
brand-new 全新的

had scarcely/hardly done when 刚做... 就发生

on the contrary, ... 与... 相反 $\leftarrow^{opp} \rightarrow$ still to the contrary 相反

intend \rightarrow be intended for \rightarrow intention \rightarrow intentional $\leftarrow \rightarrow$ unintentional

supreme ① 地 (最高的) ② 最大的



EXAM @ Dec 17th 2025

apart from 除...外

inappropriate 不合适的

→ appropriate 合适的

liberally ← liberal ← liberty = freedom 自由

mock v. 嘲笑

be used to 习惯于

recipient ← receive

affection 喜爱 → affectionate 表达关爱的adj.

the urgent need for sth 对...的迫切需求

the need for sb to do

in need of 需要 → in bad need of 非常需要

tend to do 趋向做 → tendency

subtle: ① subtle color 淡淡的(颜色) ② subtle plan 巧妙的计划 ③ subtle mind 头脑灵活

stem from = originate from = derive from 来自于

reserve v. 预订, 保留 n. 储备, 贮藏量

neglect v. 忽略 (= ignore)

vice versa 反之亦然

appreciation n. 欣赏, 感谢, 理解, 升值

criticize v. 批判 → critical → critic → criticism

reluctant 勉强的

courtesy of 由...提供 courtesy 礼仪

vital adj. 至关重要的

omit: omission n. 省略

prejudice = bias n. 偏见

call for 呼吁



COLLECTED DEC 20TH



sequence 序列

payout 支出

claim 索赔, 声称, 认领, 申领(补贴), 夺取(生命)

interval 间隔

resumé 简历 (é 发音为 z, /'meɪ/)

be engaged in 参与 → engagement n.

a key issue 议题, 问题

issue v. 发行, 颁发, 发布

compensation n. 赔偿金

integrate v. 融合

feeds n. 推送

enthusiastic adj. → enthusiasm n. → enthusiast 爱好者

address v. 演讲, 演讲, 说话

excursion n. 远足

in one's view = from one's point of view = in one's opinion = from one's perspective 在某人看来

change one's view on/about 改变对...的看法

in view of 鉴于

with a view of 为了(指望)

optimistic = positive adj. 乐观的

come into view 进入眼帘

be viewed as = be regarded as 被认为

as a gesture of goodwill 作为善意的表示

adopt v. 采纳, 采用, 收养

by order of 由...指示

create → creation → creator → creative → creativity → creation

remains n. 剩余物, 残骸, 遗迹



Unit 4. Reading A-B

↓ POV = Bro taking IELTS listening test

It ~~remains~~ ^{remains} true that... 保持

remain a mystery 仍然神秘

wither away 消失

elaborate adj. 精美的 v. 详细说明, 详细描述

nobleman n. 贵族

justify "with" ... 用... 指导我们的行为

beyond all praise 倍受赞誉

praise ... as highly original 独树一帜

a cash bonus 奖金

<化> 盐 ↓

saline solution 溶液

edge n. 优势

ship v. 运输, 上市

spot n. 地点 v. 发现

myth n. 神话 → mythical adj.

charge n. 收费, 电荷, 指控

admission n. 录取, 承认

dispute n. 争议

pass/adopt/carry a resolution 通过一项决议

resolution n. 决议, 决心, 分辨率

restore -- to ... 恢复

glory n. 辉煌

be under restoration 正在修复

fertile → fertilizer n. 肥料

feed up with 厌倦

native to 土生土长的



native tongue 母语

native peoples 土著(人)

native wit = innate

flourishing = thriving = ~~prosperity~~ ← prosperous (adj.) prosperity (n.)

organic matter (s) 有机质 pay attention (to)

fix → fix the shelf to the wall; fix one's attention (on); fix one's eyes on; fix sth with a stare gaze

in advance 提前

in a fix 陷入困境 quick fix 权宜之计

a fix of 剂量 get a fix 尝试理解

fixture n. 固定设施; 体育活动

rush sb into doing sth 仓促地做

rush n. 一生难忘的刺激的感觉

chaotic 混乱的

deduce v. 推断 ↔ induce v. 归纳

reveal v. 揭露

browse v. 浏览 → browser n. 浏览器

insight v. 洞察

conduct an experiment v. 实施 a concert conducted by ... 指挥 a conducted tour of ... 有导游的

be attributed to 归因于

inhabit v. 居住 -habit- 与位有关的 (-) habitat

indicate v. 暗示

Rose n. 玫瑰 Daisy n. 雏菊 Lily n. 百合花 Jasmine n. 茉莉花 Daffodil n. 水仙花 Mint n. 薄荷

Mistletoe n. 槲寄生 Pines n. 松树 Morning glory n. 牵牛花

delicate adj. 微妙的, 易碎的, 脆嫩的, 精致的, 精细的, 棘手的, 灵敏的

constitution n. 体质 Constitution <宪法> delicacy n.



make up <percentage> 占... (百分比)

ethnic adj. 种族的 ethic adj. 道德的

make up 构成, 补足(不足), 编造, 化妆, 弥补

shortfall n. 短缺

pension funds 养老金

Hard work can make up for the lack of intelligence 勤能补拙

Learn from one's strengths to make up for one's weakness 取长补短

dominate v. 主导, 占据, 凌驾, 占据上风

corporation n. 公司

present sb with sth

mind v. 记忆

unwind v. 解开, 散酒

hard work n.

work hard v.

hard-working adj.

annoy v. → annoyance

appetite n. 胃口, 食欲; 欲望

familiarize v. ← familiar (+with)

suit n. 西服

be agreeable to 赞成...

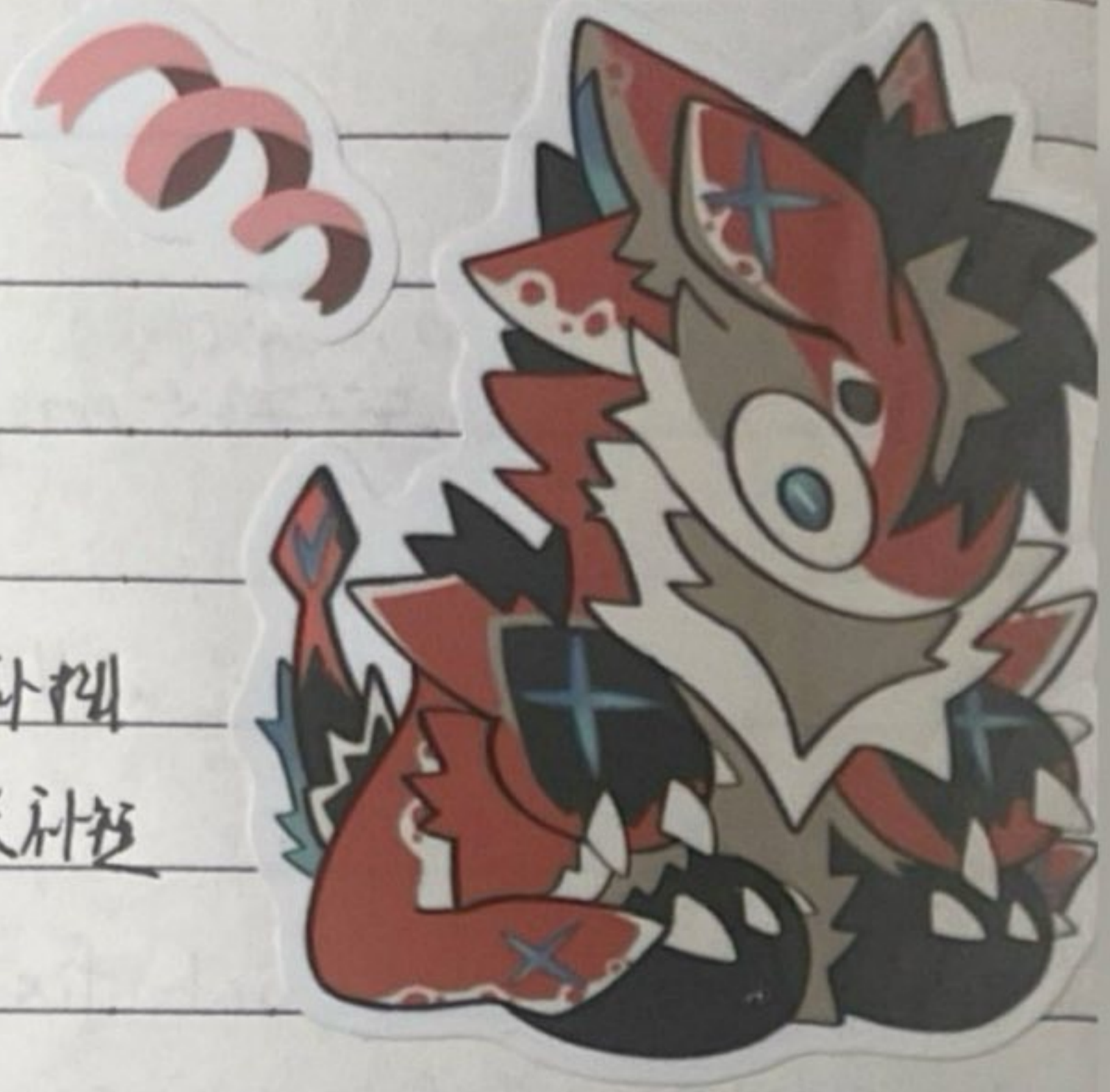
be open to debate / a matter for debate 有争议的

approve sth 批准 approve of sth 赞同...

the Establishment 当权者

treaty n. 条约

up-and-coming 有前途的



establish oneself 确立... 作为... 的地位

reputation n. 名誉

be established 被证实

established companies 确立已久的

welfare n. (= well-being) 幸福; 福利; 社会保险基金 (= social security)

benefits n. 好处, 福利 → housing benefits

allowance n. 津贴, 零花钱

bonus n. 奖金

concern n. 担忧, 关心, 负责的事

primary concern 头等大事

be concerned in 牵涉其中

be concerned with 与... 相关

concern oneself with 关心

academics 学术界

be far removed from 与... 远不相干

removal company n. 搬家公司

inhabitant n. 居住者 inhabit v. 居住 inhabitable n. 可居住的

jury n. 陪审团

exhibit n. 展品, 证据

adjust to 调整

be adapted to 被调整到

depend upon ~~on~~ sb 依靠

it depends: 视情况而定

mutual adj. 相互的

energy conservation 节约能源



At a conservative estimate 保守估计

conservative adj. 保守的

essentially = in essence 本质上

pose a threat to 造成威胁

under threat 处于威胁之下

resign v. 辞职

split v. 分裂

threatening adj. 威胁的

legislate v. 立法

legislation n. 立法

leg- 与法律相关的

be committed to 承诺

house n. 机构 议院

parliament n. 议会

be typical of ① = representative 有代表性的
② 不出所料

adopt a different approach to 采用一种不同方式

make an approach to 寻求

approach for 申请

not the slightest hint 没有...迹象

a slight woman 瘦小的女人

slighted 被轻视

arthritis n. 关节炎

alternate v. 轮流, 交替 → alternate work with rest

alter v. 改变



definite *adj.* 明确的, 明显的, 确实的, ~~肯定~~

n. 确定

by definition 顾名思义

a definitive agreement 最终的协议

a definitive study 具有权威性的

~~case~~ nature *n.* 本质, 本性

be associated with 与...关联

imitate *v.* 模仿

that 可在句中表同类事物. 常+ of.

it 指上文提到的特定事物.

make bricks without straw 为难

bricks and mortar 房产

formula *n.* 方程

lie in 取决于

intervene 介入

have a lie-in 睡懒觉 lie around 到处乱扔, 无所事事

the low-lying area 低洼地区

call *v.* 定有结果

a close game 一场势均力敌的比赛

duplicate = replicate 复制

a close call 侥幸脱险

≈
a narrow victory 险胜

a diet of 大量单一的...

satisfy *v.* → satisfied *adj.* / satisfactory

contemporary *adj.* 现代的

virus *n.* 病毒 → viral *adj.* 病毒性的



Unit 3 Reading A-B

contribute to 贡献, 导致

obligation 义务

be coated with 被覆盖

a film of 一层

raw adj. 未经处理的, 生疏的

sugar-coated bullet 糖衣炮弹

coating n. 涂层

in search of 搜索, 寻找

migrate to 转移

recall v. 回想, 让人想起, 召回

power of recall 记忆力

defective adj. 有缺陷的

affection n. 关爱, 情感

It emerged that 暴露

figure n. 轮廓, 身材

emerge from poverty to moderate prosperity 摆脱贫困走向小康

flourishing = thriving = prosperous

emergence n. 出现

recover consciousness 恢复知觉

attachment n. 依恋, 依附, 附件

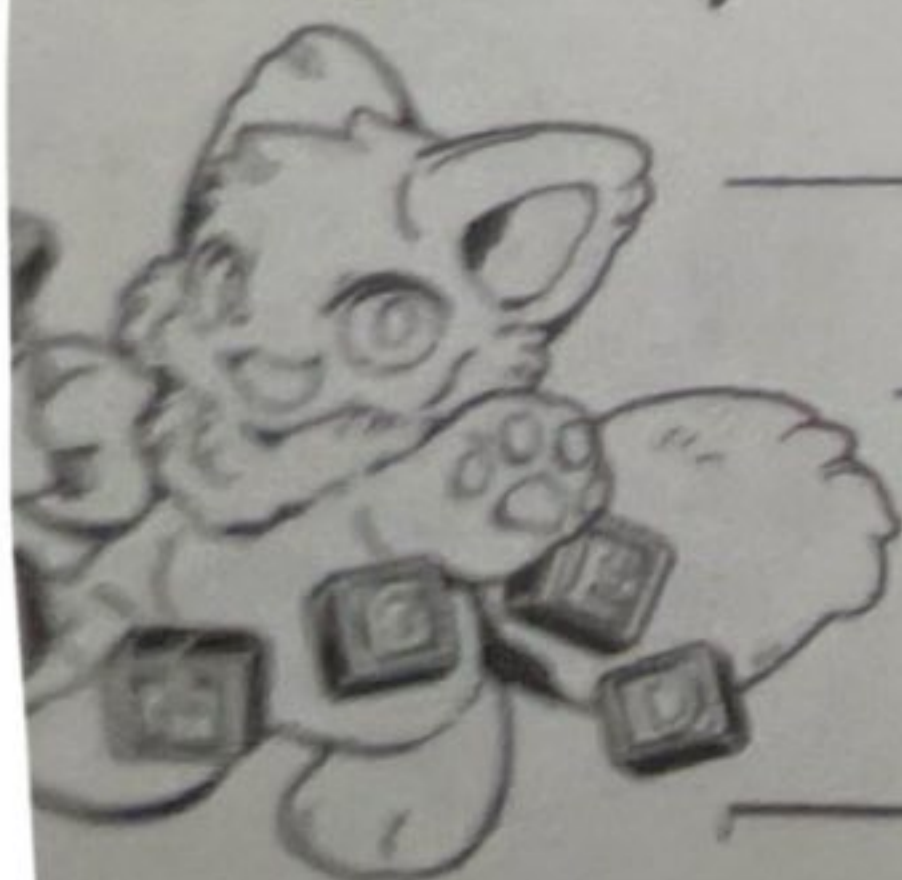
attach ... to ... 附上...

attach great importance/value to sth 对...重视

distinction 区别

~~colony~~ colony = possession 殖民地

recruit 招募



peculiar adj. 独特的, 奇怪的

overlap n. 重叠

perceive v. 感知 → perceptible

interpret v. 解读

palm n. 手掌, 棕榈树

sold v. 售卖

the necessity for 必要性

written agreement 书面协议

basic necessities 生活必需品

It is time that sb did

It is the first time ~~was~~ that sb have done

sort of 一些

fall into category 归入...类别

categorize v. 分类

≈ classify v. 分类 → classify as → classification

be closely associated with 与...紧密联系

institute 学院

be of great importance 对...很重要

play host to 接待

a host of 许多

have a good command of 掌握

The plane was off course. 飞机偏离航向.

change course on 改变方针

change the course of history 改变历史进程

negotiate v. 越过, 谈判



delegate n. 代表

serve the interests of 符合利益

serve only to do 产生...的效果

serve the people heart and soul 全心全意为人民服务

first come first served 先到先得

has a facility for 才能

severe 严重的

malnutrition 营养不良

orbit n. <天体> 轨道

aviation n. 航空, 航天

commit to doing 致力于做...

extensive 广泛的 ← extend v. 延伸

overwhelming 压倒性的

majority n. 大多数 ^{oppo} minority n. 少数

overwhelm v. 淹没, 压倒

be overwhelmed with 无计可施

chance of 机会

rest on 依靠, 依靠

laurel n. 月桂 <喻> 荣誉

assumption n. 假设

at rest in the churchyard 安息 ... RIP rest in peace

restless adj. 失眠的, 坐立不安的

tend to think 往往 → tendency n.

tend sb 照顾...

spoil v. 浪费, <食物> 变质



the loss of appetite 食欲不振

be eager for / to do

long for / a longing for sth

be dying to do

appetizer n. 开胃菜

up for grabs 悬而未决

situate v. 坐落于

replica n. 复制品

dwarf v. 使...显得矮小

immerse ^{v.} → immersive ^{adj.} → immersion ^{n.} 沉浸, 沉浸式, 沉浸(n)

sth hit sb = sth occur to sb

for instance = for example

As far as I am concerned 就我而言

tell the twins apart 将双胞胎区分

There is no telling 无从得知

tell it like it is 实事求是

seek (sought - sought) seek help 寻求帮助

seek one's advice 寻求某人意见

seek to do 试图做...

sought-after adj. 受欢迎的

on a larger scale 全球范围来看

on a scale of 以...的标准

scale the height of 登上高峰 (抽象)

scale down 缩小范围

cope with = deal with = address = handle = tackle



demonstration 演示, 证明, 证明的

procedure n. 程序, 程序号, 步骤

pose a threat to 对... 造成威胁

a man of means 有钱人

by no means 绝不

By all means 当然

self-employed 个体户的

be of vital importance 非常重要的

vitality n. 活力

nutrition n. 营养

↓ malnutrition n. 营养不良

Supreme Court 最高法院

genetic material 基因材料

antique n. 古董

misuse v. 滥用

self-access 自学

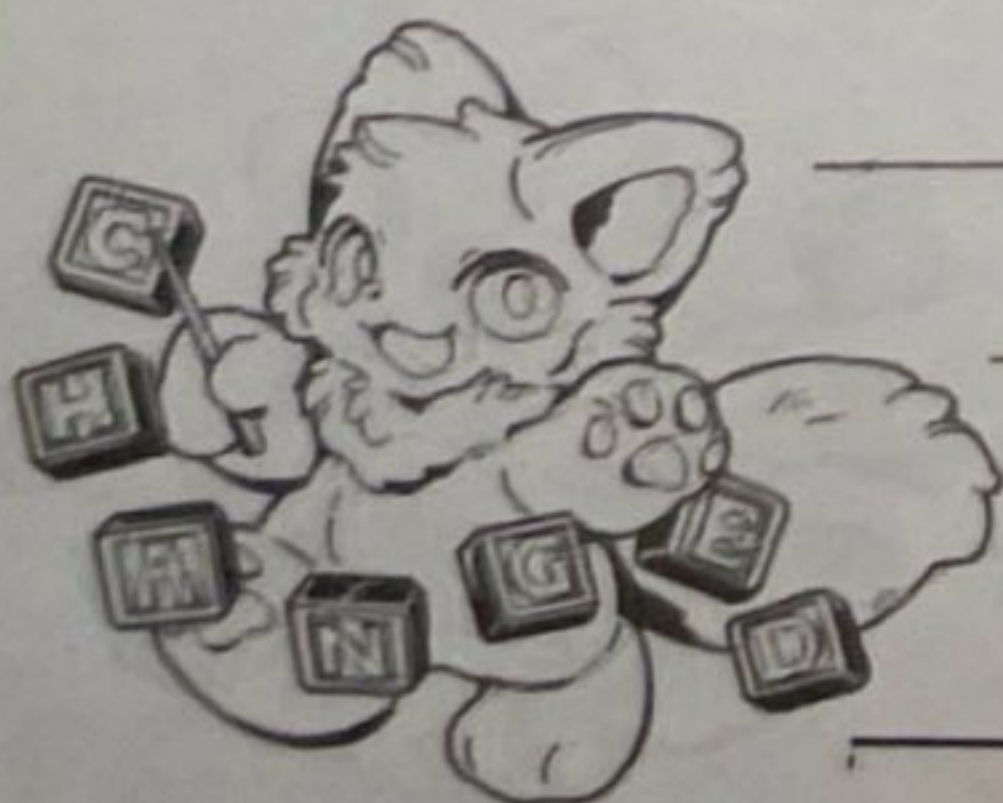
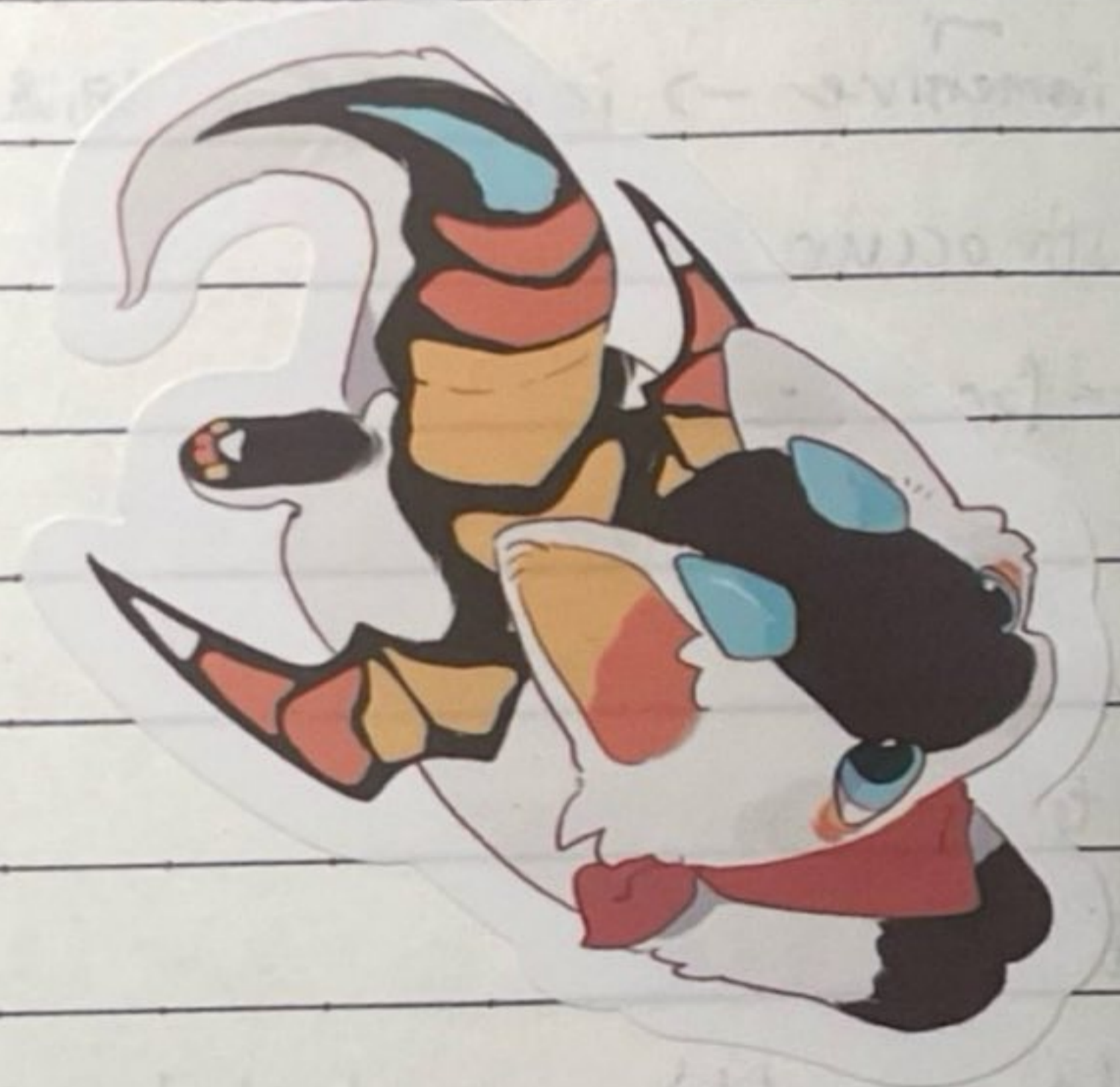
well-informed 消息灵通的

all-embracing 包罗万象的

be (not) fully informed about 对... 完全(不)了解

make informed judgements 作出有依据的判断

sb be informed of 通知



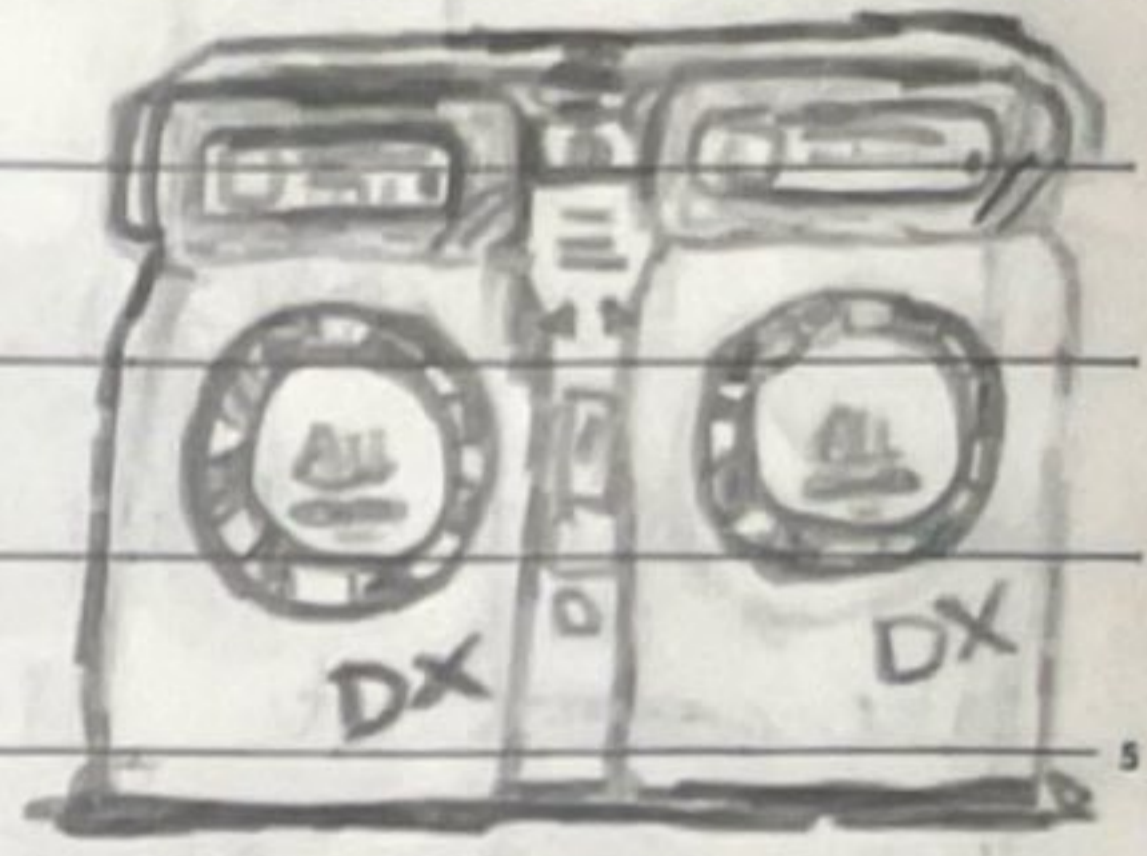
Unit 4. Reading A~B

personification n. 拟人

nostalgia n. 怀旧

budget v. 安排, 计划

gain n. 增加, 改善, 收获
v. 增加
gain (entry) access to
表快了



mainmal

loss of earnings 收入损失

net adj. 净 → NET WEIGHT 净含量

suffer great losses 蒙受重大损失

be at a loss 茫然

at a loss for words 无言以对

nerve n. 勇气, 理智

the Lost and Found 失物招领处

Women do not lose to men. 巾帼不让须眉

be lost in a book 沉迷读一本书

boundary n. 边界

in dispute 有争议

blur v. 模糊

bound n. 范围 v. 跳跃

be bound to 难免会发生

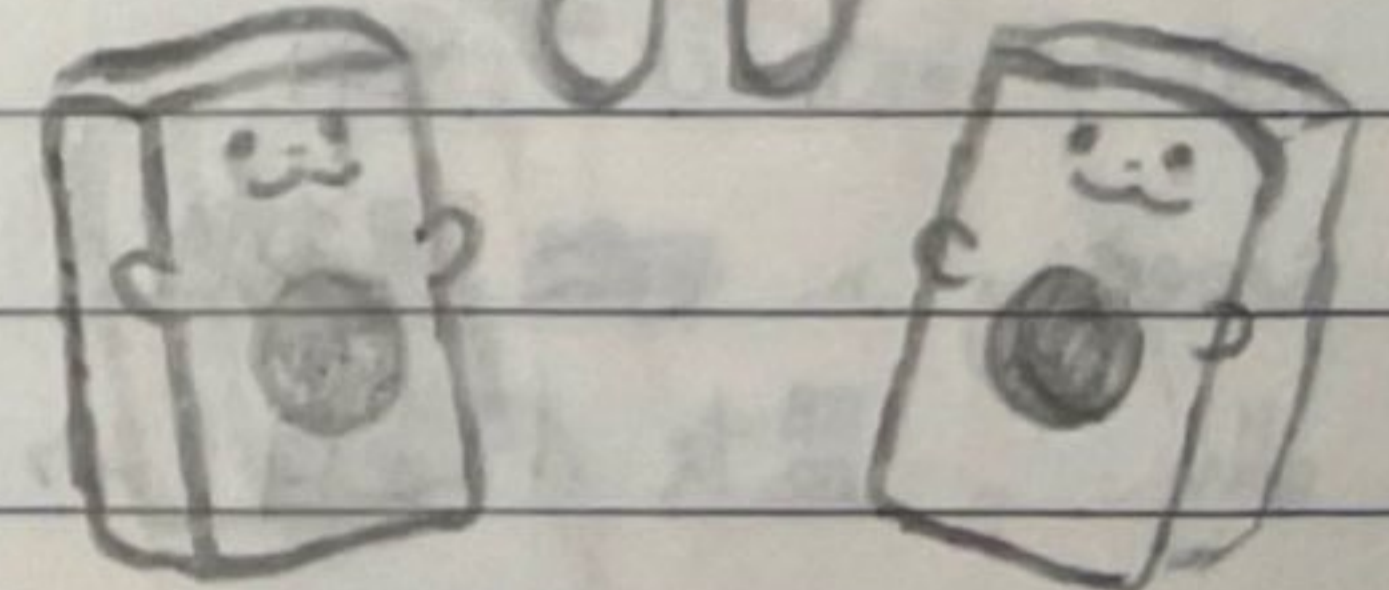
~ by 被... 束缚

bound up in 全神贯注

seek clarification 寻求明白

barely adv. 差点没, 仅仅, 刚刚才...

bare adj. 赤裸的, 光秃秃的, 基本的, 空的, 只



crushed adj. 崩溃的

crush v. 压, 塞

shoot v. 射(箭), 开花, 冲, 投篮

bamboo shoots 竹笋

take ^{a shot} ~~a shot~~ at 射击

claim v. 声称, 索取, 取得, 夺去

pull n. 力 v. 吸引, 拉

pull up (车) 停下来

pull in 靠边停车

lift v. 提高, 抬高, 振奋, 抄襲

lift ban on 解除禁令

give sb a lift 让... 搭便车

hustle v. 抓差, 竭力奋斗

hustle and bustle 喧嚣

come to court 被法院受理

court n. 法庭, 球场, 官邸 v. 取悦, 追求, 招徕

severe sentence 重刑

severity n. ~~严重~~ 严重性

ally n. 盟友, 同盟国 → ally sb with 与... 结盟

critical adj. 至关重要的

be critical of = find fault with sb = be particular about 对... 很苛刻

ultimate adj. 终极的

get tough with 严肃对待

the tough 顽强的人

→ When the going gets tough, the tough get going 越挫越勇



hang on 等一下, 保持, 守住

hang on to sth 抓住

hang around 闲逛

hang up 挂断(电话), 挂(衣服)

leave off 停止做

leave aside 把...放一边

leave out 排除在外

negotiate 协商, 谈判

slip away 逐渐消失

flee v. 逃离

resolve → resolution n. 决心

beverage n. 饮品

dissolve v. 溶解

compliment v. 赞美

complement v. 补充

audition n. 试镜

bend forward 弯肘

bend knees 膝盖弯曲

bend sb to sth 跟随

manipulate 操纵

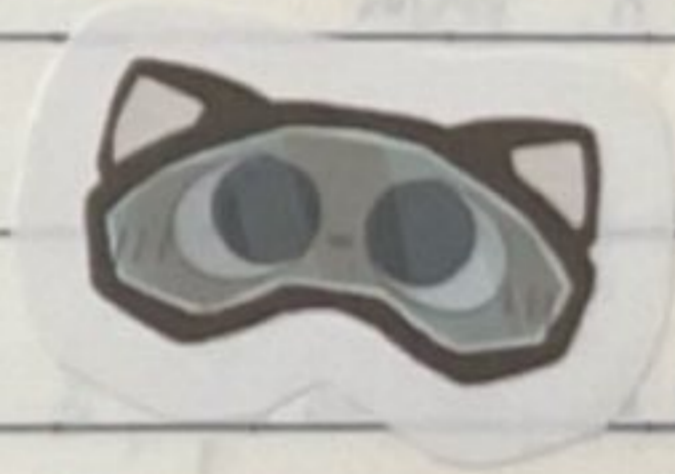
bend the truth 歪曲事实

no match for 不是...的对手

a perfect match 完美的一对

exact match 非常相似的物品

match sb in ... 在... 相比 → unmatched adj. 无匹配的



penalty n. 处罚, 缺点, 罚球

foul play 犯规

goal n. 进球得分, 目标, 球门 → goalkeeper

collapse v. 倒塌, 崩溃, 晕倒

figure n. 数字

on the verge of collapse 在崩溃的边缘

the collapse of share prices / the market 股市 / 市场价格暴跌

breath a sigh of relief 松了一口气

~~How~~ much to my relief 令我庆幸

relief agency 救济机构 → relief 救济品

relieve v. 使... 减轻, 缓解

feel greatly relieved 如释重负

accumulation n. 积累

* glutamate n. 谷氨酸

blow away 吹走, 留下深刻印象 - blow n. 打击

blow off 吹胡子, 发脾气

blow the lid of 揭发

blow up 炸飞机

speculation n. 猜测

pitch n. 球场

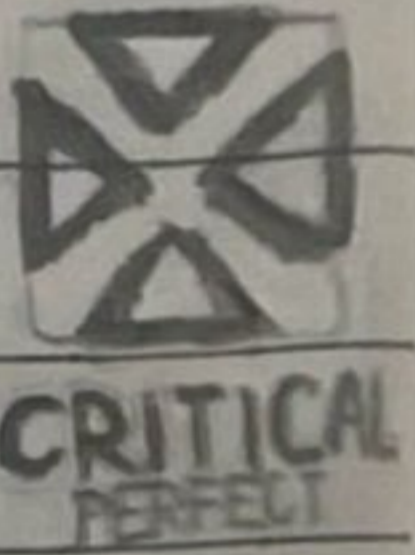
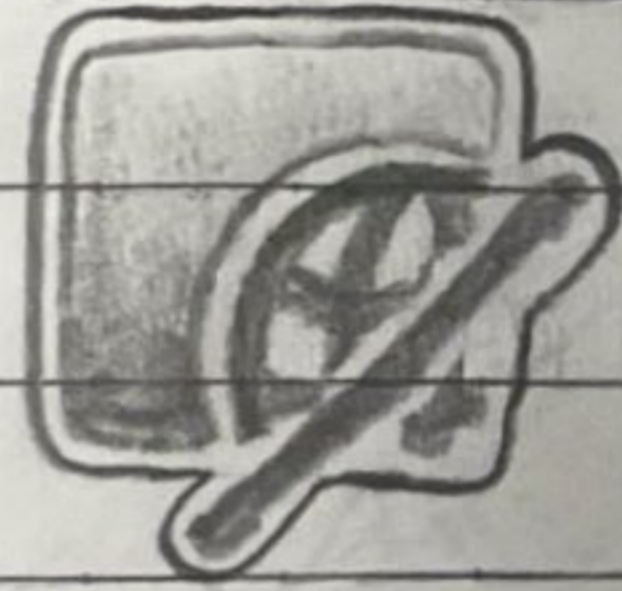
→ be pitched into a crisis 陷入危机

→ pitched at too low a level 确定标准

→ being pitched with... 为目标对象

→ pitched in with 支援

crack v. 裂开, 打碎, 崩溃, 找到解决方法



PANDORA PARADOXX Sakuzyo



crack n. 缺陷, 缝隙, 尝试

churn ^v ≈ upset ^{心烦} stomach

turn over 翻面, 思考, 移交 turn over a new leaf 改过自新

catch a breath 喘口气

brehtaking 激动人心的 breathless 喘不过气来的

possess v. 赠送

at will 随意地 make a will 立遗嘱

be spotted with = be dotted with 带一点...

lead to = result in = give rise to = cause

take the lead = lead the world

hard-hitting 一针见血的

hit sb on the nose / in the stomach

hit the poor 带来不利的影响

hit the peak 达到顶峰

gut v. 砍伐 n. 内脏, 胆量 conj. 干脆的

draw v. 平衡, 描绘, 吸引, 引起, 引出, 取钱 (= withdraw)

draw out of my account 取款

take advantage of 利用 = make (full) use of

leg n. 腿 → not have a leg to stand on 站不住脚

deaf → deafen → deafening conj. 震耳欲聋的

compell v. 强迫

misery n. 苦难

hail v/n. 冰雹



Unit 1. Reading A-B.

gene n. 基因

typical adj. 典型的

out of character 与...性格不符

build one's character 培养品行

autobiographical adj. 自传体的

be characterized by 是...的特征

characterize sth as 将...描述为

pace n. 步伐, 节奏

stand the pace 忍受(快)节奏

keep pace with 保持一致 → keep pace with time 与时俱进

set the pace 确立标准

pace up and down 来回走

outpace v. 领先

honor sb with 尊敬... → time-honored 时间悠久的

an honor to 是...的光荣

be honored for 受表彰

win honors for the country 为国争光

in honor of 为了纪念

honorable adj. 值得尊敬的

be dotted with 点缀

practical application 实际应用

for practical purposes 实际上

practically adv. → practicality n.

It dawned on me that... 我突然明白。

at dawn 大-亮



from dawn till dusk 从早到晚

the dawn of 开端

remarkable 显著的

I'm convinced that ... 我深信

→ remark v. 评价 remark on 对...作出评价

be persuaded into doing 被成功说服做

be persuaded of 相信

settle differences 解决分歧

It's all settled 一切有定论好了

settle bill 结清账单

settle down 安定下来 → settle down to 终于开始

settle for second best 勉强接受

settle into 适应

be diagnosed as 被确诊为

diagnosis 诊断

code n. 代码, 规范

→ encode 编码, decode 解码

firm n. 公司

have / undergo a surgery 接受手术

be at issue 处于争议之中

live through 渡过

live up to 辜负

quote £300 for 报价 £300

the House 议院

commit v. 委托 → commission n. 委托



commit to 投入

a committed support 坚定的支持者

commit to doing 承诺

commit to memory 记住

5 accumulation n. 积累

persist in 坚持

→ persistent adj. 一直以来的 persevere 毅力 perseverance n. 坚持

in pursuit of 为了追求



15

20



Unit 2. Reading, A-B

raise ~~up~~ / lift one's head 抬头

keep/hold one's head up 抬着头

turn one's head 转头

scratch one's head 挠头

head into 闯入

gather together 聚集

gather evidence 搜集证据

gather in (庄稼)收割完毕

→ gathering n. 集会, 聚会, 采集(信息)

prescription n. 处方, 方集

→ prescribe v. 开处方 prescribed adj. 指定的

approve v. 批准

examine v. 调查, 审查, 查阅, 检查, 考试

under examination 正在审查

→ examiner, examinee

the treatment for (disease) 对...的疗法

clash n. 冲突

course n. 过位, 课程, 航向, 菜

test out 检验

home in on 把注意力集中于

counter- (前缀) 反制

counteract 抵消 counterpart 对应的人

sympathize → sympathy → sympathetic 有同情心的

empathize → empathy → empathetic 有同理心的

evaluate v. 评估 \leftrightarrow assess

diligent *adj.* 勤奋的

enduring *adj.* 持久的

insight into 洞察

treat sb alike 对...一视同仁

~ like 像...一样对待

~ as 当作

treat sb to (meal) 请...吃饭

my treat = I'll pay 我请客

in state of 在...的状态

governor of the state 省长

a relaxed state of mind 放松的心态

It was stated that... 据称

political statement 政治声明

overstate *v.* understate *v.* → understatement

passionate *adj.* 有热情的

→ have a passion for 对...有热情

struggle to 奋斗

influential *adj.* 有影响力的

formulate ^{制定} *v.* formular *n.* 公式

be influential in 在...很有影响力

substance *n.* 物质, 实质 → substantial *adj.* 实质的, 基本的, 结实的

poisonous *adj.* 有毒的 ← poison

considerable *adj.* 大量的

be reduced to 沦为

a large number of



finer *adj.* 更加精细的

modest *adj.* 适中的, 谦虚的

subsequently *adv.* 随后

negotiation *n.* 协商

title *n.* 标题, 头衔, 冠军, 命名为

be entitled to 有资格的 entitle sb to 使...有资格

statistic *n.* 数据

floral *adj.* 花的

shade *n.* 影子

put sb in the shade 相形见绌

turn a blind eye to 视而不见

part and parcel 不可分割的

common prosperity 共同富裕

prosperous *adj.* 繁荣的 → prosper *v.*

thrive *v.* flourish *v.* prosper *v.*

~~folklore~~ folklore *n.* 民间传说

harvest *n./v.* 收获, 丰收

stable *adj.* 稳定的 → stability *n.*

figure *n.* 人物, 数字, 人影, 身材 → figure out 想清楚, 弄明白, 弄

expressive *adj.* 富有感情的

breaststroke *n.* 蛙泳

paralyze *v.* 瘫痪

suffer from heat stroke 中暑

at a stroke 一下子



recognize him as a hero - 认可他是英雄 → ~~recognition~~ recognition n. 认出, 认识
be recognized for 因... 被认可

in recognition of 为了对... 表示认可

change out of / beyond recognition 变得面目全非

seal n. 印章, 密封处 v. 封. 封缄

seal of approval = official approval 正式许可

cheque n. 支票

seal off 封缄

seal one's fate = nothing could prevent what was going to happen to him

seal the deal 达成协议

couple to 连接 (实际物体)

couple with 结合 (抽象事物)

a couple of 一对

remodel v. 改造

handle = deal / cope with = tackle

train of thought 思路

periodically adv. 定期地

make one's case 展示... 的观点

intention n. 意图

dismiss v. 忽视

ship v. 海运, 上市

overturn v. 推翻



on the grounds of 出于... 原因

put in place 落实

strand v. 搁浅



club v. 打

tip n. 小费 v. 倾斜. 用... 覆盖

vague adj. 模糊的

factors at play 受到响的因素

lift the ban 解除禁令

initiative ~~adj~~ n. 主动性

underlie v. 构成... 的基础

necessitate v. 使... 成为必需

possess v. 拥有

redress v. 纠正

cautious n. 谨慎

give in 屈服

emphasize the importance of 强调... 重要性

It should be emphasized that this is ^{only} one possible explanation. 应该强调的只, 这只是一种可能的解释

put emphasis on / lay / place ~ 强调, 重视...

Emphasis should be put on spoken English. 重点应放在口语上.

feel n. 感觉. 印象. ~~开始熟悉~~ ~~天赋~~

get the feel of 开始熟悉

have a real feel for ~

feel one's way 摸索前进.

feel for sth 摸索着寻找...

get off the subject 偏离话题

be subject to 受到响

subject to 取决于

rule n. 规则



be subjected to 使...经受

convey v. 传达

gesture n. 表示

devalue v. 贬值

desperate adj. 绝望的, 渴望的

maintain v. 维持, 维持, 宣称

extend the social circle 扩大社交圈

extend v. 延伸, 包括, 伸出(手)(抽象)

extend a welcome to 对...表示欢迎

the extension of 扩大

→ extensive adj. 巨大的, 广泛的

overextend v. 使...太容易

distinguished adj. 杰出的 → distinguished guests 贵宾

differentiate / make a distinction between A and B

distinguish sb as 提名

make no distinction - 视同

distinct adj. 不同的

literary adj. 文学的

stage by stage 逐步

on stage 在台上(表演)

play an important role in 代表

emerging adj. 新兴的

set the stage for 奠定基础

pave the way for 为...铺平道路

lay the foundation for 为...奠定基础



ordinary people 普通人

at ordinary times 在平时

out of the ordinary 不同寻常

extraordinary aj. 令人难以置信的, 杰出的

matter n. 事情, 状况, 关于...的问题. 材料(不可数). v. 对...要紧

approve of 赞成.

as a matter of fact = in fact 事实上

it's just a matter of time 早晚的事. 这又是时间问题

bet v. 打赌

You bet = of course. 当然

put a bet on 下赌注

a bar of 一英

steel bars and concrete 钢筋混凝土

be put behind bars 坐牢

be a bar to 对...是障碍

barrister n. 律师

bar v. 阻挡 → be barred from 被禁止

keep a record of 记录下

written medical record 书面病历记录.

put sth on record 把...记录在案

~~the~~ a record collection 收藏的唱片.

play a record 播放唱片.

break/smash the world record

reach a record high 创新高

the hottest July on record 有记录以来最热的七月



It is recorded that there are

rehearse v. 排练

record v. 录制

thermometer n. 温度计

occupy v. 占据

occupy oneself with sth / be occupied with / be occupied with doing sth 忙于做某事

occupancy n. 占有率 occupant n. 住户

outstanding adj. 未付清的

under occupation 被占领的地区

tone of voice 语气

true deaf adj. 真聋

withdrawal n. 撤退, 取款

disputed adj. 有争议的

indebt v. 欠债

capacity n. 容量

enroll v. 登记

acquire v. 获得

dispense v. 分发 → dispenser

clustered adj. 成群的

spatially adv. 空间上的

categorize v. 分类

project v. 投射

undergo v. 发生, 经历

initiative n. 倡议, 主动权 → initiate v. 发起

property n. 特性



Mid-term Exam, @ Apr. 21st.

lose steam 失去动力

assume v. 认为, 假设

break down 分解

hold sb back from doing sth 阻碍...做...

compliment n. 赞美

interpret as 把...认为...

inevitable adj. 不可避免的

economical adj. 节约的 ↔ economic adj. 经济的

appreciate sth / one's doing sth 感激/感谢...的...

venture adj. 冒险的

at the cost / expense of 以...为代价

delegation n. 代表团

in the same breath 与...相提并论

affiliate v. 隶属于, 与...有关

political affiliation 政治立场

be exposed to ... 接触到

accumulation n. 积累

diligence n. 勤奋

been devoted / committed / dedicated to 致力于

be reduced to doing 沦落到

observe v. 观察, 庆祝, 遵守, 评论

mystique adj. 神秘的



Unit 3 Reading A-B

charge <money> for 收费

free of charge 免费

arm n. 武器 → armed adj. 持械的

the charge against sb 对...的指控

5 be charged with 被指控犯...罪

in (the) charge of → 状态 take charge of → 动作

the person in charge 负责人

be charged with 被授予...的职责

charge n. 电荷 v. 充电 → be on charge 正在充电 → charger n. 充电器

10 lead the charge down 猛冲

charge into 冲进

resume n. 简历

tip on 关于...的小贴士

tip of his finger 指尖

15 have ... at one's fingertips 对...了如指掌

the tip of the iceberg 冰山一角

on the tip of your tongue 话在嘴边

tip^D n. 小费 v. 给小费

② v. 倾斜 → tipping point 转折点

20 tip the scales 倾斜天平

be tipped to do 被预测

spare neither man power nor material resources 不惜人力物力



sustainable adj. 可持续的

nutritious adj. 有营养的

25 sorrow n. 悲伤



addition n. 加v. → in addition = additionally

in addition to → additional adj. 额外的

additive n. 添加剂

source from ... 的来源是 ...

outsource v. 外包

extra-curricular activities 课外活动

track v. 跟踪

lose track of time 忘了时间

be on the right track 在正轨

be off the track 没入歧途

get my life back on track 使人生重回正轨

~~irritate~~ irritable adj. 烦躁的 → irritate → irritation

pay tax at a rate of ... 税率

first-rate / first-class 一流的

follow the same routine 墨守成规

routine n. 一套例行

on the basis of 基于

on a daily / weekly / monthly basis

a broad base of 基础

a base camp 大本营

a class-based society 阶级基础的社会

be beneficial to 对 ... 有益

for the benefit of 为了 ... 的利益

an item of + clothing n. 衣服 [U] a piece of cloth n. 布 → cloths 衣服

clinical adj. 临床的



share n. 份

impersonally *adv.* 与人无涉地, 客观地

by all means 无论如何

on the whole 大体上讲



benefit sb/sth = be ^{beneficial} ~~beneficial~~ to = be of benefit to = sth benefit from sth

substantial *adj.* 相当可观的 (数量)

cognitive *adj.* 认知的

undertake *v.* 从事

at a benefit concert 慈善音乐会

public ~~charity~~ benefit activity 公益活动

cut n. 削减

pension n. 养老金

benefit n. 补贴

Prime Minister n. 首相

plum n. 桃

recession n. 衰退

a depressed market 不景气的市场

be reduced to sth / doing 沦落到... / 沦为...

reduce sb to silence 使... 陷入沉默

reduce sth to ashes / ruins

live in reduced circumstances = poor

lower oneself (by doing) 贬低自己的身份

resentment n. 不满

gone to the opposite extreme 走向另一个极端

go to extremes 走极端 = take sth to extremes



in the extreme 极其危险

the extreme left 最左端

trait n. 特征

have no option/choice/alternative but to 别无选择只能做

soft option 捷径

opt v. 选择 \leftarrow option n. 选项 \rightarrow opt to do

opt out (of) 退出 optional adj. 可选的

be of equal value 价值平等

manual worker 体力劳动者 \leftrightarrow manual labor 体力劳动

look down upon 小看, 看不起

manual n. 手册 adj. 手动的, 体力的

confirm v. 确认

suspicion n. 怀疑

initial adj. 初始的

confirmation n. 确认 \leftarrow confirm v. 确认.

circulation n. 循环, 发行量

out of circulation 被废

withdraw v. 撤回 撤退

~~rumour~~ rumour n. 谣言

circular adj. 圆形的, 循环的

emphasize v. 强调

bump off (常用被动) (碰壁) 取消

scarce adj. 稀少的

physique n. 体型

accommodate v. 提供住宿, 适应



autonomous *adj.* 自动驾驶的

automatic *adj.* 自动的, 自动挡的

sleek *adj.* 线条流畅的

missing *adj.* 缺失的

panel *n.* 小组 \approx team

As far as I concerned 就我而言

wear one's hearts on their sleeves 格外外露

neglect *v.* 忽视

scale back on 减少, 降低

prevail *v.* 战胜, 盛行, 说服 (= persuade) \rightarrow prevailing *adj.* 流行的

tyranny *n.* 暴权

polish *v.* 抛光, 擦亮; 润色 *n.* 漆, (演技) 完美

duster *n.* 抹布

stretch one's leg 拉伸腿 \rightarrow ~ oneself 伸懒腰 \rightarrow ~ out a hand 伸出手

be stretched tight 被拉紧

stretch out 连绵不绝

~~stretch~~ stretch back 追溯到...

influx *v.* 涌入

stretch... to the limit 用尽

stretch the rules 被松规则

on the stretch of 一段水/时间

a tiny stretch of 一小片

chase *v.* 追逐

chase around 乱找

a short chase 短暂追逐



orphan n. 孤儿 → orphanage n. 孤儿院

flexible adj. 灵活的

flexible working hours 弹性工时

at ~~the~~ first sight 第一眼

at the sight of 一看见

catch sight of 看见

come into sight 映入眼帘

disappear from sight 消失在视野中

passive adj. 被动的

far-sighting 有远见的

exploit v. 开发、剥削、利用

clear-sighted 清晰的

possess v. ~~占有~~ 拥有, 收买

manuscript n. 手稿

in possession of 拥有

in response to 为了响应

change one's view on 改变对...的看法

in one's view / from one's point of view / from one's viewpoint 从...的视角来看

an optimistic view of 对...乐观积极的看法。

have a bird's eye view of 俯瞰。

spectacular adj. 壮观的

In view of 因为, 由于

with a view to 为了

~~was~~ be viewed as 被视为

stunning adj. 壮观的



viewer n. 观众 ← view n/v

cope with = deal with = address = handle v. 处理

demanding adj. 费时费力的(工作), 苛刻的(人)

human rights 人权

5 demand an investigation into sth 要求进行调查

demand to 要求

reply to 回复

demand sth / to do / (that) should do / sth of sb

sacrifice v/n. 牺牲

10 supply and demand 供求关系

in great demand 需求量大

satisfy/meet/cater to/fulfill one's demand 满足某人的需求

mature adj. 成熟的 v. 成熟, 酿造

→ maturity n.

15 → premature adj. 过早的, 夭折的

exaggerate v. 夸张

hesitate v. 犹豫

hesitate to do 犹豫做... = be hesitant to do

hesitate about 对... 犹豫 = be ~~hesitant~~ ^{adj.} hesitant about

20 unanimously adv. 一致地

without hesitation 毫不犹豫

affection n. 关爱

have a deep affection for 深爱...

be affectionate towards 对... 关爱

25 drought n. 干旱 ← dry adj.



condition n. 情况, 疾病

mutual adj. 相互的, 共同的 (= have sth in common)

delight v. 使...开心. → with delight take delight in 以...为乐

squeal v. 尖叫 delightful adj. 令人愉快的

be delighted by/at 因为...开心

be delighted to do 乐意做...

command n. 命令 v. 下命令

command sb to do / that sb (should) do 命令...做...

command the respect 赢得尊重

be under the command of / in command of 在...的指挥下, 听...的指挥

take command of 控制

at one's command 由...自由支配

have a good command of 熟练掌握

relieve his burden 减轻他的负担

supreme adj. 最高的, 永恒不变的

constant adj. 持续的, 不断的

a constant stream of 持续的

drive at a constant speed 以恒定速度驾驶

reputation n. 名誉

discipline n. 纪律, 方法. (= self-discipline) 自律, 管教

a good discipline for 对...好的方法

racist adj. 种族歧视的

a disciplined approach to work 严谨的工作态度

refer to 提及, 涉及到, 指向, 查阅参考

refer to sb as sth 称为, 介绍为, 转交



Unit 4 Reading A-B

interact v. 交互, 互动, 作用

perfume n. 香水

miserable adj. 痛苦的, 可怕的

round the clock 一整天, 全天候的

lay claim to 声称

accommodate v. 适应, 为... 提供食宿

be remote from 离... 远

in the remote past/future 在遥远的过去/未来

a remote/distant relative/cousin 远亲(表)亲戚

remote control n. 遥控器

remote from reality 与现实不同

remote surgery = telesurgery 远程手术 → tele - 远程的

remotely adv. 遥远地

canal n. 运河

restoration n. 修复

direct v. 指导, 导演, 指挥 adj. 直接的

direct sb to do. / direct sb (should) do.



